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REPORT

Poesy Liang - Beautifully Flawed

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"I don't know how much longer I'm able to stand before I'm back in a wheelchair again," claimed Poesy. Everyone was deceived by her glossy photos on the cover of her CDs and media interviews. She lives a colourful life story that could serve as the plot twist for several blockbuster movies. Living with rare and recurring tumours in her spinal cord, Poesy has experienced paralysis twice, survived 3 spine surgeries while she was told that she would not walk again each time. To us, she is a walking testimony of prevailing goodness.



Huge cat fan, Poesy posing with 'Gaze - Creamer and Almond', an artwork done by YeeTing at Centre Of Art & Design during her visit in Sabah.



Poesy shaved her head in 2011 at the 64th Cannes Film Festival for her Bald Empathy Movement, a global art project she originated under her Helping Angels movement. 10 international visual artists produced a collection of powerful photography, other personalities (including her parents) joined her in solidarity and shaved their heads too. Find the project on Youtube.

Despite that, she insists on noting her many flaws and shortcomings. Poesy Liang wears many hats. She is a philanthropist, artist, writer, design entrepreneur, jeweller, composer and the founder of Helping Angels. I was stoked to meet this bold lady who has her kind heart disguised with an audacious wit while she shares with us her thoughts, her volunteer programs and projects assisting the young and marginalised.

Kindness is deemed rare these days and being a philanthropist requires a deep pocket. Poesy firmly believes that a kind deed never goes wasted, that good begets good. Despite many unfavourable odds against her over the years, serendipity has imperfectly turned in her favour, accompanied by her stubborn diligence. Poesy currently extends her creative passion for art - her survival skill that saved her from several dire situations to her ChowKids Art Angels program, to hone practical



living skills in the refugee children that she is mentoring to become young artists. She pays them to attend her classes.

I asked Poesy about how she handles fear, if she had anything useful to impart to our readers. Without hesitation, Poesy shared that life usually doesn't leave us many choices and we would be forced to face the music eventually, even if we put more energy into escaping from it - so as not to reinvent the wheel or waste energy, just face your fears and learn your lessons.

Poesy's 2015 goal is to set up an endowment fund that will send some children to college when they come of age. The beneficiaries of her scholarships would be the high performers from her Thursday Tutoring program of 8 years and her ChowKids Art Angels program, which is now on its 2nd year. These are the 2 Helping Angels projects under her watch in Malaysia. You can also find Helping Angels on Facebook and Wikipedia.

Here are acts of kindness coming from someone who has fought countless battles with life. It all starts with a random desire to be kind and little by little, that desire grew into a social media movement that can involve you and me. Find out how kindness can drive you to uncover your own potential by doing one act of kindness a day, it only takes 5 seconds to ignite the compassionate you.

Stay updated with Poesy
 : Poesy's Art Studio :